

Summer
July 2021

Green Acres NEWS

Green Acres Civic Association • PO Box 295 • Claymont, DE 19703

www.greenacrescivic.org

Mark Your Calendars

Independence Day Parade	Sunday, July 4 th , 2021	Starting time: 10 A.M. Location: Green Acres Pool
Fall Yard Sale	Oct. 2 tentative	
Large Trash Pickup	Oct. 9 tentative	

Heat Stress

What is heat stress? Basically, take a hot job, add a hot day, and add high humidity and it can all add up to HEAT STRESS! This condition occurs when the body is unable to regulate its temperature. This is the body's way of saying, "I can't take the heat anymore". There are five types of heat stress disorders you may experience: heat stroke, heat exhaustion, heat cramps, heat syncope, and heat rash. They can occur separately or in combination.

Prevention is the best defense against heat stress:

- No Alcohol - Avoid alcoholic beverages
- Pre-hydrate – drink 8 to 16 ounces of water before starting work
- Hydrate – drink water every 15-20 minutes even if not thirsty
- Breaks – take frequent breaks and share workload with others
- Watch out for each other – be alert for signs of heat stress and fatigue
- Rest in the shade or cool area such as a vehicle to cool down
- "Easy does it" on your first days of work in the heat
- It's important to understand the symptoms:
- Heat exhaustion/heat stress: causes headaches, dizziness, weakness, irritability and confusion, upset stomach, vomiting, decreased and dark-colored urine, fainting, and pale clammy skin. If you experience these symptoms – get help.
- Heat cramps can affect muscles in arms, legs, or abdomen
- Heat stroke victims stop sweating, the body temperature rises, the heart pounds rapidly and the skin is hot and red

2021 Green Acres Civic Association Officers

Dave White, President	302-479-9221
Jim Storment, Vice President	585-503-9953
Patti Powers, Treasurer	302-384-8215
Susan Lovejoy Storment, Corresponding Secretary	585-503-9953
Marie-Anne Aghazadian, Recording Secretary	302-478-8327
Mike Curry, Newsletter Editor	302-477-1150

Important Numbers to Have Handy

New Castle County Rep.: John Cartier	302-395-8348
New Castle County Executive: Matt Meyer	302-395-5101
State Representative: Debra Heffernan	302-577-8476
State Senator: Kyle Evans Gay	302-744-4137
Governor: John Carney	302-577-3210



Independence Day parade

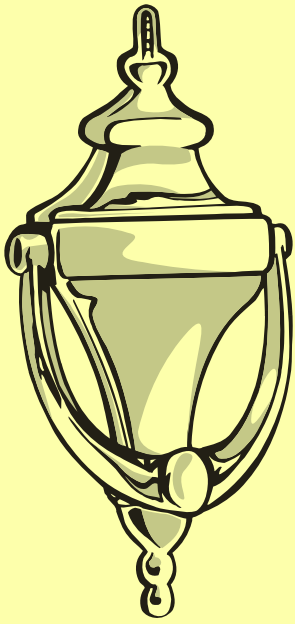
The annual Independence Day parade will be held on Sunday, July 4th, starting out at the Green Acres Pool on Grinnell Road, and proceeding around the block. All are invited to meet at 10:00 AM for the start of the festivities. Contest for best decorated stroller/wagon and best decorated bike. Prizes will be \$25 gift card to Rita's. There will be snacks at the pool after the parade, hosted by GARA and sponsored by GACA. See you there!

HEAT EXHAUSTION	OR	HEAT STROKE
Faint or dizzy		Throbbing headache
Excessive sweating		No sweating
Cool, pale, clammy skin		Body temperature above 103° Red, hot, dry skin
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives



Door-to-door solicitors

The civic association is frequently contacted with the question, "What can be done about unwanted solicitors knocking at our front door?" Despite the neighborhood having "no solicitation" signs at both entrances, nothing seems to stop these intrusions. GACA president, Dave White, contacted our County Councilman, John Cartier, for the bottom line on whether we can legally prohibit solicitors from coming into the neighborhood, and, unfortunately, the answer is we

cannot. BUT, there are guidelines any solicitor must follow, and if they do not, we are entitled to call the New Castle County Police non-emergency number, 302-573-2800, and report them. For more details, please read the material at these links:

- <https://revenue.delaware.gov/door-to-door-salesperson/>
- <https://dorweb.revenue.delaware.gov/d2d/>

(Thanks to member Warren Coffin for providing this research.)



Considering a Fence?

Probably the most common question the Architectural Review Committee receives has to do with fencing.

The Green Acres Deed Restrictions state: "If a lot owner elects to erect a fence in line with the front of the house it shall not be permitted to be over 4 feet in height..."

"Any homeowner may build a side or rear fence up to 6 feet in height..."

If you live on a corner property a number of things need to be considered for the fence location such as, where your neighbors house (front or side) is located in relation to your house and proposed fence location. In this situation, please discuss your intentions with the GA Architecture Committee representative to find an agreeable solution.

Visit www.greenacrescivic.org to download the ARC application you will need to submit for review before erecting a fence or making any major changes to your property. On the website, you can review the full text of our deed restrictions, which also regulate additions, oversized out buildings, raising animals and running certain types of businesses out of a residence.



Recycling Tips

It's always important to be reminded how to properly recycle. Here are some tips for how to recycle successfully by going back to basics with what is recyclable:

- Paper, Cardboard (flatten boxes)
- Empty metal cans (dry and free of food waste)
- Glass bottles and jars (dry and free of food waste)
- Plastic bottles and jugs (water, soda, iced tea, sport drink, milk, laundry detergent bottles or jugs)

COVID-19 PPE: Disposable gloves, masks, and sanitizing wipes are not recyclable at work or home - make sure to properly dispose of these items in a trash can

Some important pointers:

- It's always a good practice to cut/tear apart the straps off disposable masks and 6 pack soda/beer rings so that animals don't get caught in them
- Reduce use of plastic bottles by using refillable, reusable water bottles when you can
- The key to recycling plastic is simple: is it a bottle or a jug? Yes = Recycle, No = Trash
- Cardboard Recycling - un-collapsed cardboard can be "read" as a bottle/jug and go into the wrong lines at the recycling facility - they also fill the dumpster with empty space resulting in more pick-ups, higher costs, and more emissions - take a minute and break down those shipping boxes before we put them in a green dumpster



DOUBLE D HOME IMPROVEMENTS

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